

Index of Christchurch Camino Group Meeting Presentations



Image: The bridge at Pontevedra, on the Variante Espiritual, Spain.

Introduction

The following is a list of topics presented at the Christchurch Camino Group's quarterly meetings. A summary of each talk may be found in the "Follow Up," section of the listed Newsletter/Meeting Record.

2021

31 May Vol 1. No. 1.

'NZ Trail Alternatives: Roxborough Gorge Trail and Clutha Gold Trail,' ~ Sheldine and Doryan.

'Walking the Kepler Track,' ~ Liz

'Walking the Via de la Plata Camino from Salamanca,' ~ Murray

9 August Vol. 1 . No. 2

'New Zealand Trail Alternatives: Tora Coastal Walk,' Gythlian

'Encounters on the South Island's Te Araroa Trail,' ~ Steve

'Walking the San Salvador Camino,' ~ Philip

'Unpacking Your Camino:- Surprises, Challenges, Memories, and Realisations,' ~ Panel;
Cecilia, Gemma, Alan, Philip

8 November Vol. 1. No 3.

'Walking the Camino, Learning Life Lessons,' iMovie, ~ Philip

'Themes from her book , 'Kiwi Sisters on the Camino,' Sue/Catherine

'Learning Life Lessons on the Camino de Santiago,' Small Group Discussion

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2022

February 2022 Vol. 2. No. 2.

Meeting Cancelled ~ Covid

'What Makes a Great Camino Photograph and How to Achieve This? Peter, (Cancelled.)

Whole Group Discussion/Panel

'Secrets For Successful Caminos: Planning, Preparing, Walking, Experiencing, Improving/Reflecting.' (Cancelled.)

May Vol. 2. No. 2.

Meeting Cancelled ~ Covid

'Making Your Camino A Pilgrimage,' ~ Philip (Cancelled.)

'The Hero's Journey!' ~ Liz (Cancelled.)

August Vol. 2. No. 3

'Walking the Primitivo,' ~ Philip

'Making Use of Technology on the Camino Journey: What am I gaining/losing by being connected?' Small Group Discussion .

November Vol. 2. No. 4.

'Camino Portuguese, The Variante Espiritual,' ~ Steve

'Walking the Portuguese Senda Litoral,' ~ Gythlian and Elizabeth

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2023

February Vol. 3. No. 1

'Walking the Camino Ingles,' ~ Doryan

'Walking the Camino Frances, Solo,' ~ Glenda

April Vol. 3. No. 2.

'Walking the Camino Frances - Some Suggestions and Highlights from My Walk' ~ Midge.

'Secrets For Successful Caminos: Planning, Preparing, Walking/Experiencing, Reflecting/Improving.' Panel: Philip, Gythlian, Hammond, Jan.

August Vol. 3. No. 3

'Utilising a Commercial Company on the Portuguese,' ~ Marie-Therese

"Walking the Camino Frances," Being interruptible and resilient meant my Camino was uniquely mine... ~ Ngaire

November Vol. 3. No. 4.

'Hiking the Te Araroa Trail. Encountering Trail Angels, and becoming part of a Trail Family ~ sound familiar?' ~ Gemma.

'Trails, Triumphs, Buses and Bandits, Adventures Along the Mozarabe, via de la Plata and Sanabres Caminos.' ~ Philip

Al and Sal's Camino: Saint Jean to Fisterre." - Notes from a Lonely Walk,' ~ Alec and Sally.

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2024.

January Vol. 4. No. 1.

'El Norte - A "Trial" by Ordeal, Pilgrims' Progress Through Adversity,' ~ Clare and Steve

'On the Via Francigena Walking from Lucca to Rome,' Gythlian and Elizabeth ~ Presented by Elizabeth.

April. Vol. 4. No. 2.

'Frameworks for the Inner and Outer Journey ~ Including Nourishing The Inner Journey Walking the Camino as a Pilgrimage, Rite of Passage, or Quest,' ~ Philip

'The Hero's Journey. A call to do something bigger than myself. Trials and Triumphs on the Portuguese. ~ Liz

August Vol. 4. No. 3.

'The Camino Frances – A Dream Come True.' ~ Kay and Malcolm

'Journey to the "End of the Earth, Finisterre and Muxia beckoned,' ~ Pauline

November Vol. 4. No. 4.

'Camino Invierno ~ Walking the Winter Way, from Ponferrada to Santiago de Compostela.' ~ Philip

'Walking the Chemin Le Puy, One of four French traditional pilgrim routes; from Le Puy-en-Velay to St Jean Pied de Port,' ~ Gythlian and Elizabeth.

2025.

February Vol. 5. No. 1

Walking the Portuguese from Porto as a Joint Venture. Flexibility along The Way.’ ~ Colleen and Daphne. – (Presented by Daphne.)

‘Walking the del Norte Camino - Through a Photographer’s Lens.’ ~ John. Including highlights of his journey.

June Vol. 5. No. 2.

‘Reflections on a Life Changing Spiritual Camino,’ ~ John. ‘An enlightening spiritual experience.’

Gear/Clothing Extravaganza – ‘Principles to bear in mind when selecting Camino gear.’ ~ Philip. ‘Our Queen of packs and packing! ~ Valuable Tips.’ ~ Pauline

Christchurch Camino Record

August 2025

‘Walking the Camino Aragonese – a Journey in Images.’ ~ Philip.

‘Re-walking the Camino Frances After 9 years.’ ~ Elma

A reflection on key similarities and differences between the two.

November 2025

‘A Year on, What the Camino still teaches me.’ Ralph

‘Personal Safety on the Camino, Tips for staying safe on the Camino, particularly for solo walkers. Panel: Philip, Marie-Therese, Liz, Daphne

2026

February

‘Age is no barrier. Reflections of an octogenarian. ~ Richard

Richard walked the Camino Frances in 2025 while employing a brilliant tactic to regulate its physical demands.

‘Walking the Chemin Le Puy from Le Puy-en-Velay to St Jean Pied de Port’ “It is more than a walk.” ~ Bridget and Vince.

Bridget and Vince walked the Chemin Le Puy during September/October 2025.

April

Presentation 1

The following presentations outline some longer walks in the Canterbury region.

Banks Track – Philip

31 km of self-guided hill country walking around the remote and beautiful South Eastern Bays.

‘Three Routes in Canterbury (and one bike ride in Otago) to feel the Camino Spirit. ~ Alan

(Video presentation: 'Canterbury Walks.')

Overnight at the Packhorse. ~ Liz and Cecilia

Presentation 2

Walking the Camino Solo - reflections and images from the Portuguese Camino, and the Camino del Norte (from Gion) ~ Frances.

August

Panel and Q and A ~ Recent Returnees discuss aspects of their Caminos. ~ Jennifer, Graham, Philip.

Walking the del Norte/Primitivo Combination ~ Hammond

November

Guest

Pilgrim and author **Jennifer Andrewes.**

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Banner



Image: Street art in Ourense, Camino Sanabres.

